

(h) apls

LILY KEYES

Facilitator

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lily@aplsgroup.com OR LinkedIn

- **EDUCATION** Master of Education in Adult Education from North Carolina State University
 - B.A. in Political Science and History from Agnes Scott College

PROFESSIONAL COMPETENCIES & EXPERIENCE

Lily has provided coaching, facilitation, and training for more than 30 years throughout the Raleigh-Durham business community. As a trusted client partner and certified Business Coach, her expertise lies in career development and team building for individuals and teams. She has extensive and diverse experience in healthcare, educational, and consultancy organizations. Lily has had proven success translating business goals into organizational and HR strategies and actions.

Lily began her career as a teacher in inner-city Atlanta and spent three years teaching at an international school in Caracas, Venezuela; experiences that expanded her understanding of and appreciation for cultural differences. While in Organization Development at Blue Cross/Blue Shield of NC, she was instrumental in the development of the internal coaching program and directed the award-winning mentoring program

SHE IS A CERTIFIED FACILITATOR FOR:



 Developmental Dimensions International® (DDI®) Facilitator for Learning Systems



- The Flourishing Center (NYC) Positive Psychology Practitioner
- Pyramid Resource Group, Team Advantage Coach
- Center for Creative Leadership Administrator of 360 Instruments

